Mountrath Ballyfin Onling Mewsletter

12th Mov. 2023

## Mountrath Ballyfin Parish News 12th Nov. '23

St. Fintan's Parish, Mountrath – Ballyfin

## 32<sup>nd</sup> Sunday in Ordinary Time

Sat. 11th - 12th Nov '23

Fr. P.J. Fitzgerald C.C. 087) 605 5783

Fr. Joe (087) 2411 594

ountrath Parish Radio transmits on FM 104.5

www.ballyfinparish.ie www.mountrathparish.ie -

Email jmbrophy2@gmail.com

Teachers Required
for Mountrath
School of Music
and School of Grinds

See Pages 15 and 16

## Irish Guide Dogs for the Blind

Church Gate Collection Sat. 11<sup>th</sup> - Sun. 12<sup>th</sup> Nov.

Your generous support is always very much appreciated "

# Fundraiser

Donate Unwanted Clothes

to Scoil Bhride

See Page 31



Cookery Demonstration in

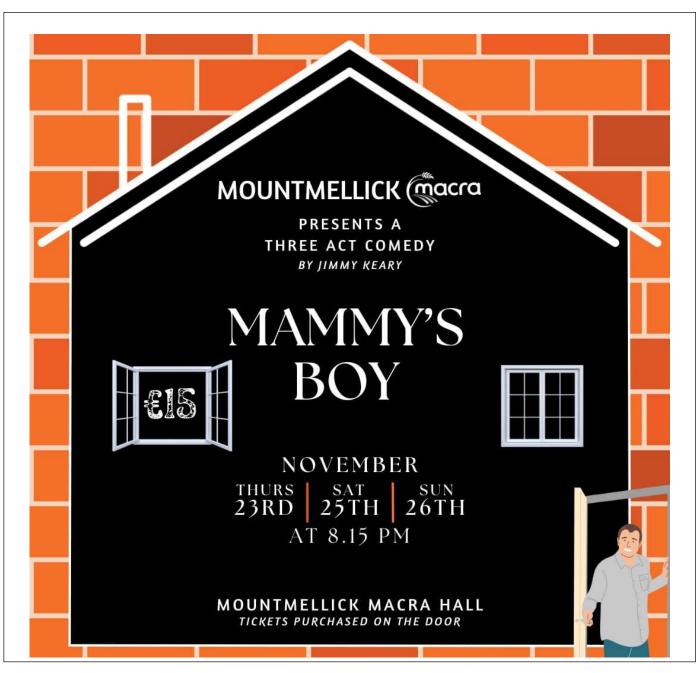
St. Philomena's Hall

Tues. 21st Nov.

#### With Edward Hayden (From Ireland AM)

Fundraiser for Class of 1990 Restoration Project

8.00 pm Start - Doors open - 7.00 pm



Cash4Clothes Fundraiser for Ballyfin NS

Drop off Days/times are Friday 24th November 2pm -3.15pm & Saturday 25th November 10am - 11am

We accept All Womens, Mens and Childrens Clothing Paired Footwear, handbags, Belts Soft toys(teddies)

Curtains, Towels, Bedlinen(duvet covers, sheets, pillowcases, Blankets, throws

**NO PILLOWS OR DUVETS OR CARPETS** 

All Support is greatly appreciated.

Table Quiz in The Deadman's Fri. 17<sup>th</sup> Nov. 8.30 pm fnr

Ballyfin National School

See full Details on Page 14

Hosted by Ballyfin School Parent's Council

## A November Prayer before Bedtime

O my God,
As the evening falls
I come to you in prayer.
I thank you for being with me in every moment of this day, guiding me and protecting me, keeping me from harm.

On this November night
I bring before you in prayer
all those dear to me who have died.
(Name those for whom you wish to pray)
Remember them God
in your loving kindness.
May they now rest in your eternal peace.

May all of us who still miss them and grieve for them find comfort in our belief that we will one day see them again in the kingdom of heaven.

I remember in my prayer this night all those who have died and who have no one to pray for them.

For these and for our loved ones I pray:

Let perpetual light shine upon them.

May they rest in peace. Amen.

@KANDLEi

- Ballyfin Parish App. available to download on iPhone and Android

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Our New-Look Parish App. came online recently Check it out.

A Very Sincere "Thank you" for Your Most Generous Support of all our Parish Collections

## Dates for the Diary

The Sacrament of Confirmation will be celebrated in Mountrath / Ballyfin Parishes

on Fri. 26th April 2024

Ceremony in Mountrath Parish Ch. at 11.00 am Ceremony in Ballyfin Parish Ch. at 2.30 pm

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1st Holy Communion Dates See Page 14

## We keep and hold in our thoughts and prayers

## Patrick (Pat) Phelan, Pike of Rushall

We pray for Pat who died peacefully on Sat. 4<sup>th</sup> Nov. Pat's Funeral Mass was celebrated in Pike of Rushall Church on Tues. 7<sup>th</sup> Nov. followed by burial in Mountrath Cemetery. We extend sympathy to all Pat's family, relatives, neighbours and his many friends.

## Maura Bridget Nicholson – Clohessy (née Jordan) London,

#### - Patrick St., R.I.P.

We pray for Maura who died on 18<sup>th</sup> Oct. Maura's Funeral Mass was celebrated in St. Fintan's Church, Mountrath on Tues. 7<sup>th</sup> Nov. followed by burial in Mountrath Cemetery. We extend sympathy to Steve and Michelle and their families, grandchildren Sorrel, Persephone, Lavinia and Emma and their families, great-grandchildren Rory, Florence and Theodore, daughter-in-law Caroline, nephews, nieces, extended family and friends in Mountrath and London.

### Jane Scales, Old Borris, Castletown, R.I.P.

We pray for Jane who died peacefully in Mountmelick Community Nursing Home on Sun. 5<sup>th</sup> Nov. Jane's Funeral Mass was celebrated in St. Edmund's Church, Castletown on Thurs. 9<sup>th</sup> Nov. followed by burial in Mountrath Cemetery. We extend sympathy to sisters Mary and Helen, sisters in law Margaret and Joan, nieces, nephews, and their families, extended family, relatives, neighbours and friends

May Pat and Maura and Jane rest in the peace of Christ.

## Prayer attributed to St. John Henry Newman

Lord, ay you support us all the day long, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, Lord, grant us a safe lodging, and a holy rest, and peace at the last.

#### We keep and hold in our thoughts and prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures. 
We wish them a speedy recovery.

## Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne

Mountrath Parish Caroline Moore and Pachelli Walsh

Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph: 085 802 1633

# A Message from Ailish Higgins, newly appointed Director of Safeguarding

Hi All, I have officially taken over the mantle from Kathleen Sherry as of 24<sup>th</sup> Oct. 2023. Let me take this opportunity to thank Kathleen again. As you are probably aware the role of Director is shared with the Diocese of Ossory, so my time will be spread across both Dioceses.

For continuity, I will be using the same phone number and email address as Kathleen which are noted below. Phone: 085 802 1633

Email: <u>safeguarding@kandle.ie</u> By mail: Bishops House, Old Dublin Road, Carlow

If you have any queries regarding safeguarding of children or of vulnerable adults, please do not hesitate to contact me. I look forward to working with you, to visiting your parishes and meeting in person in the not-so-distant future. Le meas, Ailish

#### Ceád Míle Fáilte.

We extend a very warm welcome to Dr. Brigid Bennett, Killeen,

Mountmellick who commenced as Principal of Ballyfin School on Mon.

6<sup>th</sup> Nov. Dr. Brigid comes to us from Clonbullogue N.S. where she served as Principal for the past 8 years.



## Portlagise & District Ploughing Association



**Table Quiz** 

Deadman's Inn Friday Night

10<sup>th</sup> November 2023 @ 8.30pm

Great Prizes; Fun for all the family Please Support



#### **FUNDRAISING FOR THE CUISLE CENTRE**

The Cuisle Centre is a support environment for people affected by Cancer and their families. It is completely voluntarily run and relies on voluntary contributions to keep it's doors open.

A meeting will be held in **Doogues Bar in Raheen on Wednesday November 15th at 8. 30pm.** 

The aim of the meeting is to come up with fundraising ideas for the Cuisle Centre in order to raise some much needed funds.

Everyone is welcome to attend, no idea is too small, every little adds and contributes to the end target.

We look forward to seeing you there !!

## We keep and hold in our thoughts and prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing

Home or undergoing any surgical or medical procedures. -

We wish them a speedy recovery

#### Deadline for Parish Newsletters

Items for Parish Newsletters are always most welcome. If you wish to have an item included in the Parish Newsletters (Print or online Edition) we request that they be in by 12 midday on Thursdays

Text Message, Email, Whatsapp, Letter or Pop into Parochial House.

(Our Parish Newsletters are online and on App. from early Saturday morning)



## Mountrath Anniversaries

## Mass Times - Anniversaries Sat. 11th - Sun. 19th Nov

Sat. 11th Nov. 7.00 pm Billy Byrne, Ringstown. 10th Anniv.

Joe and Catherine Parkinson, Trumera.

Fintan McCarthy. Knockanina. 30th Anniv.

Sun, 12th Nov. 9.00 am The Hollow Church.

11.30 am Sheila Gee (Nee Cuddy) Woodbrook. Month's Mind.

John and Mary D'Neill, Shannon St.,

Deceased Members of Gillmam Family, Woodbrook

Brian Gee, West Yorkshire.

Mon. 13<sup>th</sup> Nov. 10.00 am No 10.00 am Mass today

Tues. 14th Nov. 10.00 am Michael and Peggy O'Connor, Shannon St.,

And their daughter, Mary Atkins

Wed. 15<sup>th</sup> Nov. 10.00 am People who are ill in the Parish

Thurs.16th Nov.10.00 am Altar List of The Dead.

Fri. 17<sup>th</sup> Nov. 10.00 am Christy Wall, Woodbrook.

Martin and Maureen Wall, Woodbrook

Sat. 18<sup>th</sup> Nov. 7.00 pm John (Johnny) Callaghan, Trumera. Month's Mind

Pat McGrath, Shannon Rd., 7th Anniv.

Liz Sinnott, Shannon Rd., 10th Anniv.

Maura Phelan, Shannon Rd., 16th Anniv.

Sun. 19th Nov. 9.00 am The Hollow Church. Paddy Cullen, Clonenagh

11.30 am Jack Hyland, Cavansheath - 4th Anniv.

Martin Moore, Fr. O'Connor Cresc. 8th Anniv.

Mary Brigid and Fintan Deegan, Factory St.,

And deceased members of Deegan Family, Factory St.,

## Elizabeth (Bab) Lynch (Nee Byrne) Manchester R.I.P.

We pray for Elizabeth (Bab) Lynch, formerly Derrough who died recently. Bab is sister of the late Tom Byrne, Derrough. R.I.P.

#### Month's Mind Mass

Sat. 25th Nov. 7.00 pm Donal Kirwan, Clonard

## Ballyfin Anniversaries

## Mass Times Anniversaries Fri. 10th - Sun. 19th Nov.

Fri 10th Nov. 5.00 pm Exposition of Blessed Sacrament

Sat. 11th Nov. 8.00 pm Eamon Dunne, Cappanrush. Month's Mind

Helen and Mick O'Rourke, Upper Ballyfin

Sun. 12th Nov.10.00 am 32nd Sun. In Ord. Time

Mon. 13<sup>th</sup> Nov. 7.00 pm Apostolate of Sanctification..

Fri. 17th Nov. 5.00 pm Exposition of Blessed Sacrament.

Sat. 18th Nov. 8.00 pm Joseph, Mary and Rory Culleton

Sr. Francis Dunne and deceased members of the Dunne Family, Brockera.

Sun. 19th Nov. 10.00 am Ita Dunne, Deerpark. 6th Anniv

Charles Phelan, O'Moore Forest.

Peter Fitzpatrick, Cappinaclare

Sheila Fitzpatrick, Ashgrove, (Cappanrush)

Mon. 20th Nov. 7.00 pm Apost. of Sanctification

Mon. 13<sup>th</sup> Nov. 7.00 pm Apostolate of Sanctification..

## Lord, for your faithful people, Life is changed, not ended.





## "Do This in Memory" Programme

## 1<sup>st</sup> Holy Communion Preparation Programme in Mountrath Ballyfin Enrolemnt Ceremonies

Mountrath Parish Sat. 30<sup>th</sup> Sept. Mass 7.00 pm All Schools Ballyfin. Sun. 1<sup>st</sup> Oct. Mass 10.00 am Both Schools

## "Do This in Memory" Children's Masses

- 1. Sat. 11<sup>th</sup> Nov Mountrath Church, 7.00 pm Sun. 12<sup>th</sup> Nov. Ballyfin Church 10.00 am
- 2. Sat. 9<sup>th</sup> Dec. Mountrath Church 7.00 pm Sun. 10<sup>th</sup> Dec. Ballyfin Church 10.00 am
- 3. Sat. 13<sup>th</sup> Jan. Mountrath Church 7.00 pm Sun. 14<sup>th</sup> Jan. Ballyfin Church 10.00 am
- 4. Sat. 10<sup>th</sup> Feb. Mountrath Church 7.00 pm Sun. 11<sup>th</sup> Feb. Ballyfin Church 10.00 am
- 5. Sat. 9<sup>th</sup> Mch.. Mountrath Church 7.00 pm Sun. 10<sup>th</sup> Mch. Ballyfin Church 10.00 am
- 6. Sat. 13<sup>th</sup> Apr. Mountrath Church 7.00 pm Sun. 14<sup>th</sup> Apr. . Ballyfin Church 10.00 am
- Sat. 4<sup>th</sup> May Mountrath Church 7.00 pm Sun. 5<sup>th</sup> May Ballyfin Church 10.00 am

#### (The) Sacrament of 1st Penance

will be celebrated in March. Arrangements for the celebration of this Sacrament will be put in place in due course in conjunction with the Schools.

### Dates for Celebration of 1st Holy Communion

Sun. 5<sup>th</sup> May The Hollow Church 9.00 am With Children of Gaelscoil Thromaire

Sun.26th May Mountrath Church - 11.30 am

### With Children of all Mountrath Schools -- Note Change of Date

Sun. 19<sup>th</sup> May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26<sup>th</sup> May Ballyfin Church 2.00 pm

#### With Children of Barnashrone National School







## Ballyfin Lotto Results 8th Nov.

Nos. Drawn 4 7 20 26

No Jackpot Winner

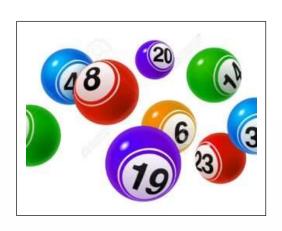
22 Match 3's Rec. € 46.00 ea

Next Week's Jackpot € 15,000

A note of thanks to everyone involved in Ballyfin Parish Lotto - Organizing Committee, Promoters, Shops and others who facilitate the sale of Lotto Tickets and most importantly, you, who purchase a Lotto ticket every week. I extend a very sincere "thank you" for your support and generousity.

## Mountrath Lotto - 9th Nov.

Numbers drawn 04, 17, 18 30.



## 8 Match 3's won € 125.00 each:

3 Local Winners

Agnes Keily Promoter, Margaret McGrath Adrianne Doheny Promoter, Rita Watkins Grace Fitzpatrick Promoter, Rita Watkins

> Next Week's



€ 14,000 - Mountrath

€ 15,000 Ballyfin



## Save the Date!!!!

## Table Quiz

Date: Friday 17th November 2023

Location: The Deadmans's Inn, Ballyfin

Time: 8:30pm

**Hosted by The Parents Council** 

In aid Rf

BALLYFIN NATIONAL SCHOOL.



Tickets €5 each. Tables of 4, with a raffle on the night. \*\*\*\*\*\*\*\*\*\*\*\*

## Teachers needed

Primary School and



Secondary school- all subjects

State of the art facilities at Bloom HQ in Mountrath to hold grind classes.

Rooms can be booked for €15 an hour

Each room can comfortably hold 4-5 students

Rooms will have a whiteboard/desks and chairs

You can set your own hours, rate and time.

This is a perfect spot to teach groups or individuals.

If you're interested in renting a spot please

Contact Lucy on 087-2597895



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#### Cash4Clothes Fundraiser for Ballyfin NS

Drop off Days/times are Friday 24th November 2pm - 3.15pm & Saturday 25th November 10am - 11am

We accept All Womens, Mens and Childrens Clothing Paired Footwear, handbags, Belts Soft toys(teddies)

Curtains, Towels, Bedlinen(duvet covers, sheets, pillowcases, Blankets, throws

NO PILLOWS OR DUVETS OR CARPETS

All Support is greatly appreciated.

## Collection Point

Ballyfin G A A
Dressing Rooms

# Have you installed our New Parish App.

Available to download from wherever you get your Apps.

Well Worth downloading and installing

## At the touch of your screen you have

All Mass Times and Anniversary Remembrances
3 Newsletters
PDF of Print Copies and Online Newsletter
Lotto Results
All Sacramental Arrangements
Latest Parish and Diocesan News

--- And Much Much Mare

## All-Ireland Pollinator Plan



Avoid using insecticides, fungicides and herbicides These potent chemical cocktails are designed to kill various organisms. One of the best things you can do for pollinators is avoid using them. Why: Insecticides have been found to kill, harm, and disorientate pollinators. Herbicides kill the 'weeds' that provide them with important

food. www.pollinators.ie/top-ten-ways-to-help-pollinators/





## Parish Finances. - A Word of Thank

Thanks for your generous contributions to Parish Funds.

Once again, I want to renew my appreciation and gratitude for the ways in which you have found to support the parish and us, the priests of the parish, over the past year. We are deeply grateful. It has and continues to be a most challenging time for so many; families, self employed, hospitality and so much more. By and large we are not doing too bad, thanks in no small part to your generosity, I wish to acknowledge your support given via the weekly envelopes (2023 boxes are ready for distribution at present). Contributing to the Parish by envelope allows us to keep track of your donations for the whole year and, where possible, (and totally at your discretion) claim the additional 45% back from Revenue under the charity donations scheme at no cost to yourself. If you are not as yet, part of this scheme – and would like more information, please contact me when you get a chance.

Thank you for your continued support and generousity - it is very much appreciated.

## Different ways of supporting your Parish:

⇒ Weekly Envelopes ←

⇒ Direct payment - Cash/Cheque ←
If contributing by cheque please make cheques payable
to "Mountrath Parish" - or "Ballyfin Parish"
Please indicate - Parish Fund or Clergy Fund (for support of the priests of the Parish)

Cheques can be posted to — Parish Office, Parochial House, Ballyfin, Portlaoise, Co. Laois.

- $\Rightarrow$  Online Facility (See Diocesan Website <u>www.kandle.ie</u>  $\leftarrow$
- $\Rightarrow$  Standing Order or Transfer directly to our Accounts  $\leftarrow$

The following are our Bank Account Details

Mountrath Parish - Bank Account Details

(Portlaoise Branch)

Name - Mountrath Parish Current Account

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50

BIC. - BOFIIE2D

Ballyfin Parish - Bank Account Details
(Portlaoise Branch)

Name - Ballyfin Parish Pastoral Council
IBAN - IE44 AIBK 9332 7900 203030

BIC. - AIBKIE2D

Please include your own name as the reference.

 $\Rightarrow$  Support Mountrath and Ballyfin Parish Lottos  $\Leftarrow$ 

If you have any queries or would like to speak with us regarding donating to the Parish or participating in the charity tax donation scheme, just ring me on 087 241 1594 (Fr. Joe)

## News From Across The Diocese

#### Is your parish interested in finding out how to become an eco-parish?

Find out more at this Eco-Congregation Ireland online gathering for all friends in the Leinster region!

Date and Time: Saturday 11 November 2023, 10.00am - 11.00am

This event is open to those in Leinster who are interested in learning how to start their church's eco journey, work towards their ECI Award and develop their work into the future.

We will hear from faith communities who have received their ECI Award. They will tell us how they began their journey and how they have continued their work for God's creation. There will be an opportunity for discussion, questions and ideas sharing.

If you would like to attend, drop a line to <a href="mailto:info@ecocongregationireland.com">info@ecocongregationireland.com</a> to book a place and you will be sent the zoom link closer to the time

## Second book of writings of the late Fr John Cummins

Following the 'runaway success' of the first book, the family of Fr John Cummins have issued a second publication in his memory. This new book, also named "My Life in Your Hands", contains more sermons of Fr. John's.

The new publication is an accompaniment to the initial book which contained the sermons for Sundays in Year A of the 3-year liturgical calendar. This second volume contains Fr. John's sermons for Year B and Year C of the church cycle. It also contains reflections for secondary school students, tributes by friends and numerous photographs.

The late Fr. Cummins was known for his good humour and easy manner as well as his preaching skills. As a young priest, he spent five years in Rome studying for his doctorate in Celtic Spirituality. Fr. John spent most of his priestly ministry in Carlow town where he was chaplain in the then Regional College and Administrator in the Cathedral. A native of Newbridge, he earlier served in Naas. He became PP of Abbeyleix and Ballyroan only 18 months before his death. The homilies of Fr. John are rooted not only in scripture, but also in the everyday issues of contemporary Ireland. They will be useful for personal reflection at any time and will be valued by anyone with an interest in religion and spirituality. "My Life in Your Hands" retails at € 15 and all proceeds after printing costs will be donated to the Diocese of Kildare and Leighlin.

It is available in parish offices throughout the diocese and Woodbine Books Kilcullen and Farrell & Nephew, Newbridge. For further information please see <a href="https://www.kandle.ie/my-life-in-your-hands-sermons-of-the-late-fr-john-cummins/">https://www.kandle.ie/my-life-in-your-hands-sermons-of-the-late-fr-john-cummins/</a>

This November St Kieran's College is welcoming people who will attend two exciting conferences. The two conferences – one on International Perspectives on Forming Catechists and the second on International Perspectives in Catholic Educational Leadership, are timely and certainly draw together an impressive group of speakers on these topics. These conferences are a collaboration between St Kieran's College and the University of Notre Dame Australia. Catechists will play a key role in our Church in the years to come. Aware of both the importance of this ministry in the life of the Church internationally and of Catholic educational leadership in general everywhere, the Diocese of Ossory will host these Conferences from 28th November -2nd December 2023, in St Kieran's College, Kilkenny.

Spaces at both conferences will be limited so please book now by

Spaces at both conferences will be limited so please book now by emailing <a href="mailto:notredameaustralia@stkieranscollege.ie">notredameaustralia@stkieranscollege.ie</a>

#### Catechism in a Year

Would you like to read the Catechism in a year? We are a friendly group that reads and discusses a section of the Catechism of the Catholic Church each week. In 2023, we will follow The Catechism in a Year with Fr. Mike Schmitz. <a href="https://ascensionpress.com/pages/catechisminayear">https://ascensionpress.com/pages/catechisminayear</a> Join us on Mondays, 8:00pm - 9:30 pm in the Parish Centre, Prosperous. For any enquiries, please contact Alice on 087 6505803

# Do you feel called to seek God in prayer & contemplation, monastic work and community life?

The Cistercian Community at St. Mary's abbey, Glencairn invite single women, aged 19-40, to our upcoming monastic vocations weekend on 27-29 October, 2023 lease contact our vocation director. Sr Sarah at vocations@glencairnabbey.or

Please contact our vocation director, Sr Sarah at <u>vocations@glencairnabbey.org</u>
Or visit <u>www.glencairnabbey.org</u> for more details

## Catholic Marriage Encounter

To celebrate the 50th anniversary of Catholic Marriage Encounter in Ireland a special Weekend has been scheduled for the 10th -12th November 2023. Venue:

The Focolare Centre, Prosperous, Co. Kildare. Eircode W91 XR23

This Weekend is available to all married couples at no fixed charge beyond the deposit of €50 per couple and a voluntary donation. To book

visit www.marriageencounter.ie

## Sharing the Good News

The Catholic Communications Office edits and publishes a five-story weekly ezine Sharing the Good News. The ezine is an accessible news report on the work of bishops' subscribe to this resource by

visiting <a href="https://catholicnews.ie/newsletter/">https://catholicnews.ie/newsletter/</a>

# Donate Unwanted Clothes for Scoil Bhríde

We are collecting your unwanted clothes to raise funds for Scoil Bhríde, Mountrath. Simply pack a bag with items that are no longer needed and drop it into Scoil Bhríde between  $17^{th} - 23^{rd}$  November.

We greatly appreciate your support!

#### **ITEMS ACCEPTED:✓**

- Clothes (men's, ladies, children's)
- Socks in pairs, underwear, bras.
- Shoes in pairs.
- Sports shoes, runners, rugby boots, etc. (Can be soiled, but not ripped)
- Hats, scarves, belts, suits, jewellery &, etc.
- Soft toys (no plastic parts)
- Cups, plates and small brick-a-brack
- All items must be in good, usable or wearable condition.



#### ITEMS NOT ACCEPTED:X

- NO Pillows or duvets
- NO Ripped, damaged, wet, soiled, or moldy clothes/shoes.
- NO Single or ripped shoes
- NO Slippers or flip-flops.
- NO duvets, curtains, table cloths or towels



## Stay connected with us!

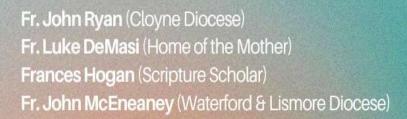
Parish Website <a href="https://www.mountrath/ballyfinparish.ie">www.mountrath/ballyfinparish.ie</a> - Links to Webcams on Home Page

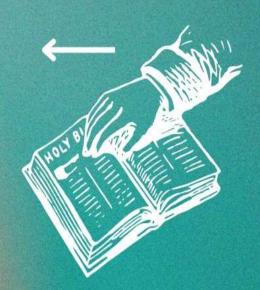
## Visit our Parish App. Mountrath Ballyfin Parish



#### TOTUS TUUS SCRIPTURE CONFERENCE 2023

#### LIVE ON RADIO MARIA IRELAND ON SATURDAY 18TH NOVEMBER FROM 2PM





# Totus Tuus Scripture conference

18/Nov/23 2pm onwards

LIVE & EXCLUSIVE ON RADIO MARIA

Listen Via:











# WHITE-HORSE INDOOR BOWLS

Every Thursday (8pm )
St Philomena's Hall

Beginners Very welcome (Adults)
Come along and give it a try!
Runners or Flat sole shoes are all you need!



#### Community Climate Action Programme (Note from Diocesan Office)

We have been contacted by the Community Climate Action Officer for Carlow Local Authority however there is a similar position in every Local Authority so this information applies to everyone. Funding has been ring fenced (Community Climate Action Programme) by each local authority for carbon reduction initiatives which is a big item on the agenda at the moment. I am attaching a copy of the Powerpoint Presentation for Carlow and the general information is the same for each county. Funding will be available for projects which:

- Reduce or support reduction of greenhouse gases,
  - Increase production of renewable energy,
    - Improve energy efficiency,
    - Improve climate resilience,
- Are nature based projects, enhance biodiversity and climate resilience,
  - Assist with transition to low carbon economy,
  - And provide innovative solutions to climate change.



# Prayer for Peace 27 October 2023

O God, Creator of all,
of Abraham, Sarah, Hagar, Isaac, and Ishmael,
hear the cries of your people throughout the world
who hunger for peace and for justice.
We pray to you for an end to the violence and injustice
in Israel and the Palestinian territories.
We pray that weapons be silenced,
that those who wage violence against the innocent
turn away from the evil of their actions,
and that leaders in the international community and locally
work tirelessly to find a pathway to lasting peace in the Holy Land.
God of love,

comfort those who grieve terrible losses, console and heal the injured, be close to and protect the children and all those living in fear, give courage to those who have been captured and strength to their families who await their safe return.

God of peace,

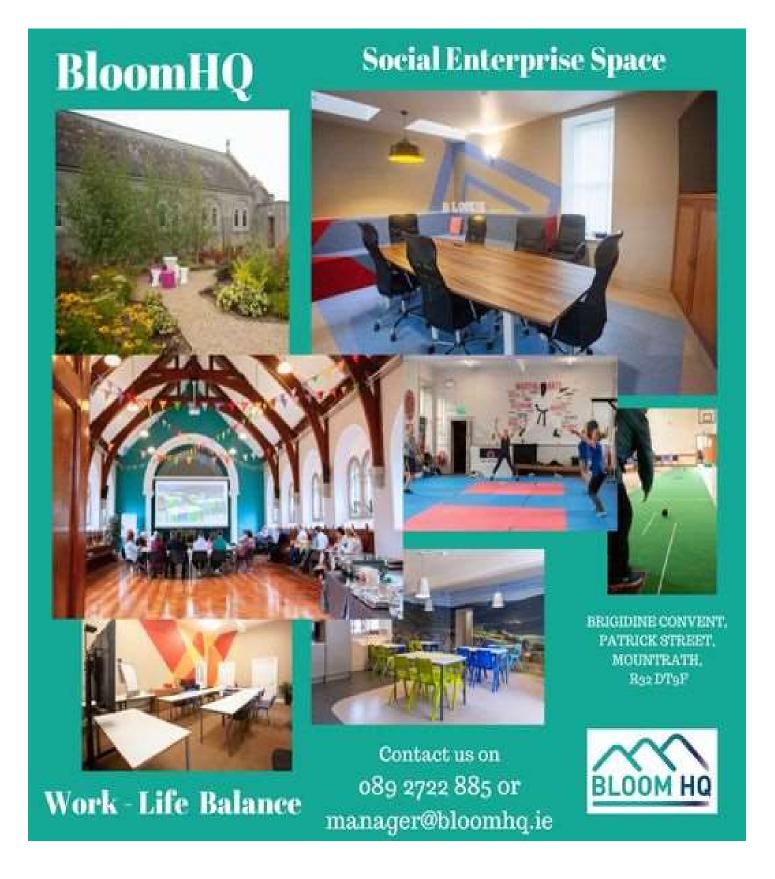
rise up the peace makers the world needs, so that your light may reach and overcome the darkest depths of this conflict and people will come to know and live in peace, as is your will.

Amen.

@KANDLEi

Kandle.ie





I don't believe time heals everything. It helps, it does.

After awhile you won't cry about it all the time. It won't consume your every thought anymore.

You do get better.

You'll laugh, And smile.

You'll even have a lot of great days.

But it's still there.

You just learn to live with it.

This is how things are now.

So you get used to it.

But,

That doesn't mean it ever goes away.

It's still deep in your soul.

Still makes you cry when you think about it too much.
Still stops you in your tracks when something

reminds you of it.

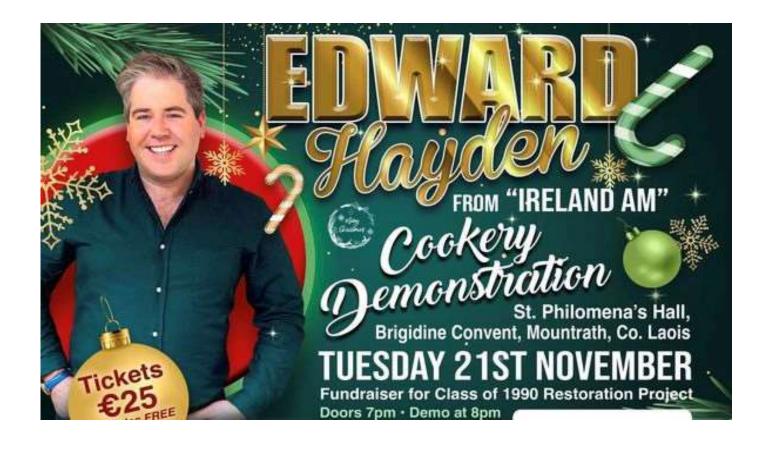
You'll have those moments
where your heart hurts really bad.
I don't think time heals everything
Sure it gets better,

But it's a scar that never goes away.

A broken bone that still aches on rainy days.

**Melinda Caroline** 









SUN DEC 3RD - BALLINAKILL, CO. LAOIS

THURS DEC 7TH - KILMORE, CO. WEXFORD

FRI DEC 8TH - CARRICKROE, EMYVALE,

MONAGHAN

Full info on www.michaelenglish.ie

## Mature Movers





Strength Flexibility

Balance

Strength

50 + gym classes

a bit of Endurance & Lots of Fun

6 weeks starting Wed 8th Nov
Mondays & Wednesdays 11 am

45 min classes

only 3 places left



€60 for 6 Weeks Contact Ruth 086 3262570





